PLACER COUNTY MENTAL HEALTH, ALCOHOL AND DRUG ADVISORY BOARD

MONTHLY BOARD MEETING MINUTES

March 27, 2017

Staff and Guests

Abrahamson, Twylla

Bauman, Maureen

Ferry, Katherine

Jones, Janna

Minder, Mark

Osborne, Marie

Mental Health Board Members in Attendance

Allinger, Tony Bartley, David

Bond, Yvonne

Cataldo, Lisa

Cirillo, Gregg

Filla, Stacci (via phone)

Holmes, Jim

McLennan, Geoff

Stanners, Sharon

Thickens, Theresa

Wierenga, Dianne

Absent Members

Behrens, Sharon

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Welcome and Introductions

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Read by Yvonne Bond, Secretary/Treasurer

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
 - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
 - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
 - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
 - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
 - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

Guest Speaker: Marie Osborne, Assistant Director, Adult System of Care – presenting the Quality Assurance/Quality Improvement (QA/QI) Update

- Distributed and reviewed a PowerPoint presentation Systems of Care Quality Management Introduction and Key Elements.
- Unique to Placer County is its Quality Management (QM) System it's an umbrella over both the Adult System of Care (ASOC) and the Children's System of Care (CSOC).
- Discussed the reasons to monitor the quality in behavioral health services.
 - Preserves the dignity of individuals receiving services.
 - o Provides a way to accept relevant clinical/non clinical care.
 - o Reduces the impact of behavioral health disorder(s) on individuals.

- Helps to improve the quality of life.
- Helps to identify appropriate interventions and make sure interventions are effective
- o Ensure resources are being used appropriately for all behavioral health services.
- Helps promote recovery, prevention, early intervention.
- QM is made up of QI, QA and Compliance; she explained each component and the differences between them.
- Ensure monitoring tools are staying current with new regulations and changes in the system.
- Federal government is monitoring how the states are monitoring the counties.
- Reviewed Performance Improvement Projects (PIPs), which is big on the mental health side. PIPs are year-long projects.
- Maureen Bauman explained the difference between the Performance Agreement and the Managed Care Contract. The Performance Agreement was established with realignment when ASOC received dollars directly from state funds. The Performance Agreement identifies all the regulations in statute that are required by counties to assure there are mental health services for targeted populations (SMI/ED) in each county. Placer is also the Managed Care Plan for Specialty Mental Health Services for Medi-Cal beneficiaries. The Managed Care contract assures we abide by all state and federal managed care rules and regulations in place for managing the care of a population.
- County QM participants include MHADAB, consumers, System of Care (SOC) Directors, SOC teams, IT and Data, Providers, advocates.
- Maureen Bauman talked about the three initiatives: improving our health, improving services for co-occurring disorders, and involving families; she explained what ASOC has been doing related to this ongoing process and changing the culture.
- Highlighted page 7, which reviews the QM activities relevant to the MHADAB subcommittees.
- QM reports are being provided to committee chairs on a quarterly basis; if members need further explanation for better understanding, contact Marie Osborne.
- Members may want to review the Work Plan Elements on page 8.

Secretary/Treasurer's Report

- Approval of the February 27, 2017 Regular Board Meeting Minutes.
- Approval of Treasurer's Report \$1,500 Amount budgeted for Fiscal Year 2016-17.
 Expenditures for the month of February include: \$53.20 catered meal, leaving a balance of \$941.19.
 - Jim Holmes made a motion to approve both the Treasurer's Report and Regular Board Meeting Minutes as read, Geoff McLennan seconded. Motion carried.

Standing Committee Reports

Executive Committee – Theresa Thickens

On March 19, 2017, the Executive Committee reviewed and took action, approving the below. Maureen Bauman provided a brief overview of the agreement.

☐ Amendment for Negotiated Net Amount and Drug Medi-Cal Multi-Year Revenue Agreement.

❖ Alcohol and Other Drug (AOD) Committee – Stacci Filla and Geoff McLennan

- Geoff McLennan reported on a new direction the committee wants to go in the coming year getting more involved in youth services as it relates to drug and alcohol.
 - Warren Daniels, CEO CoRR and Rob Evans, Manager CSOC, have been invited to talk about services that are available for the youth.
- Amy Ellis, Manager ASOC, provided input as to youth services and how the committee could proceed.
 - Theresa Thickens suggested looking at the Transitional Age Youth (TAY: ages 16-25) as well. This group sometimes
 falls through the cracks because of the transition from CSOC to ASOC.
- Tony Allinger would like to see the committee be more of an advocate in certain areas of services in the county versus just monitoring the information that comes through - advocate for certain issues and make a difference.
- Proposed two dates for consideration for a 9:00 a.m. Aegis facility site visit: Friday, April 14th or Friday, April 21st.
 - Provide Geoff McLennan with the date that works best for you.
- Welcoming/inviting new members to attend the committee meetings.

Children's Services Committee – Sharon Stanners

- The committee reviewed the draft for the 2016 Data Notebook.
 - Ms. Stanners read a description about the Data Notebook, which includes reviewing information and reporting on specific mental health services in each county. The document requests input from Placer County.

- Sharon Stanners reported on her and Gregg Cirillo's visit to the Sprouts: Trauma Informed Preschool in Sacramento.
 - Seven kids in the program (2-5 years of age).
 - Five day a week program.
 - Ages of the individuals on the campus (housed) 6 months 18 years old.
 - Sprouts is located on the Sacramento Receiving Home campus.
 - Theresa Thickens inquired about the change in funding in this fiscal year and how it's affected the program.
 - Maureen Bauman noted that the program can be sustained if other counties participate financially by enrolling children in the program; Twylla Abrahamson would be able to provide further details.

❖ Adult Services Committee (ASC) – Yvonne Bond

- The committee did not meet.
- Planning for Lisa Long, ASOC Patients' Rights Advocate, to attend next month's meeting.

Board of Supervisor (BOS)-Representative

- Supervisor, Jim Holmes reported on the following:
 - Provided background on Martin Harmon, owner of much of the property on Shale Ridge Lane. Mr. Holmes plans to meet with Supervisor Montgomery and Mr. Harmon's property developer to discuss creating a housing campus in the area (Shale Ridge Industrial Park); apartments could be used for transitional housing; homes could be used for group homes. Shelter most likely not possible due to the airport overflight zone.
 - The medical cannabis policy working group meets every two weeks and meets this week.
 - Workgroup: Retired Colorado law enforcement agent (facilitator), Dr. Rob Oldham (HHS Health Officer), Christina Ivazes (CSOC Public Educator), Wesley Nicks (Environmental Health/Animal Services Director), Kim Cargile (advocate for patient access) and Casey Brown (Director of Placer Growers Association).
 - Ensure a safe access policy for Placer County.
 - o Putting regulations in place for both the approved medical marijuana growers and law enforcement.
 - Hope to have something in place the end of July.
 - Recreational use is not part of the conversation.
 - Receiving comments from the Rocklin area regarding the Placer Rescue Mission, the proposed campus for homeless services. Although there isn't a real project yet, they are hearing from people who don't want the campus in this area.
 - Placer County Government Master Plan.
 - Setting aside areas for low income housing.
 - o Plan to build a new HHS building (\$75 million), located on Richardson Drive, across from the Auburn Justice Center.

Correspondence and Announcements

- Theresa Thickens reported on the following:
 - Maureen Bauman, ASOC Director, will be retiring the end of April, possibly early May.
 - Sharon Stanners and Yvonne Bond will sit on the interview panel (this week) to review candidates for Ms. Bauman's position.
 - Passed around a flyer on an upcoming 2017 California Student Mental Wellness Conference taking place April 17th at the William Jessup University. The conference is geared towards mental health in schools for children.
 - Collaborative Court graduation takes place May 31st at the Seavey Center in Rocklin.
 - > Janna Jones will email the flyer to members (not available at this time).

Director's Report

- ❖ Maureen Bauman reported on the following: (distributed in board packet)
 - Placer County (2014) Criminal Justice System Master Plan Findings and Recommendations Report (Submitted by: David M. Bennett and Donna Lattin) was sent out to all members per their request.
 - Criminal Justice continues to work on improving the system in terms of moving people through more quickly and making sure there are alternatives for people as appropriate. (See highlights of the plan on Director's Report.)
 - Placer has a new Public Defender Dan Kockol.
 - Whole Person Care (WPC) begins enrolling people the end of March.
 - o Targeting those persons who are on Medi-Cal that are in the two homeless shelters.
 - WPC, in Placer, will work specifically with those who are homeless and also those with mental illness to help them become housed by providing them the needed resources.

- Drug Medi-Cal Organized Delivery System (DMC ODS) the final draft is almost complete and is expected to be sent to members for review in the next month. The next piece will be the fiscal document.
- ASOC's Medical Director Olga Ignatowicz, has submitted her resignation; her last day is Friday, March 31st.
 - A contracted doctor will be overseeing some of her duties on the PHF (Psychiatric Health Facility).
- The Placer County Annual Report FY 2015-16 will be emailed to members in the next week.
 - Highlights: number of assessments done in hospitals is down by 6%; Mental Health Court is up 10%; substance abuse treatment admissions up 9%; drugs of choice people are treated for include: 40% heroin; 25% methamphetamine; 23% alcohol; and 8% marijuana.
 - Place on future MHADAB agenda for discussion.

Unfinished Business

- Recruitment/Visibility (Standing agenda item)
 - Maureen Bauman reported that Elizabeth Madsen will not be able to sit on the MHADAB. County Counsel made the
 determination, subsequent to Ms. Madsen becoming the Deputy Public Defender in the Conservator Court that her
 membership would be a conflict of interest.
- Continued Membership with the California Association of Local Behavioral Health Boards and Commission [Action Item]
 - The MHADAB has received an invoice in the amount of \$500 for annual membership dues.
 - The Executive Committee recommended not approving membership for another year based on a poor return on investment. Jim Holmes made a motion to discontinue membership, Sharon Stanners seconded. Motion carried.
- MHADAB Retreat/Workshop (Agenda Requests)
 - In the process of developing the agenda for the retreat/workshop Friday, May 19, 2017 (9:00 noon).
 - The MHADAB will not have a regular meeting in May after the retreat unless an action item vote is required.
 - Guest speakers/presentations: California Forensic Medical Services (jail services) Joanne Hendrix and conservatorship panel - Public Defender, County Counsel and ASOC staff.
 - Requested input from members on other presenters for the retreat.
 - Yvonne Bond would like the Patients' Rights' perspective combined with the panel presentation.
 - Geoff McLennan would like to hear about the actual mental health treatment in the jails.

New Business

- !Information Item only
 - Amendment for Net Negotiated Amount/ Drug Medi-Cal Multi-Year Revenue Agreement. See Executive Committee above.

Board Member Comments

- ♦ Geoff McLennan announced proposed date/time for the Auburn jail tour: Either April 17th or April 24th; 10:00 a.m. or 3:00 p.m. The plan is to visit both jails in April or early May and bring information to the retreat.
 - Mr. McLennan will email the options to members for feedback before scheduling the tour.
- Jim Holmes noted the BOS approved a 45-bed mental health facility at the South Placer Justice Center.
- Yvonne Bond commented that while it's a good thing to add beds to the jail system, her preference would be to add beds to hospitals where people with mental illness could go. She feels very strongly about not sending those with mental illnesses to the jail but appreciates they are housed separately. Shared information about the book No One Cares about the Crazy People by Ron Powers.

Public Input

- Mark Minder talked about Rogers Guardianship (Massachusetts) where a judge can order a person to be on medication. Commented on quality management and suicide related to those released from jail services (subsequent heroin arrest). He also shared some other thoughts.
- ★ Katherine Ferry talked about family integration and examining where family advocates are being placed, how they're reaching families and how to optimize the system. She plans to get family member input in the process and asked if there were any members interested in participating. Ms. Ferry will visit the committees to share what they do, beginning with the ASC. The Speakers Bureau is doing well with six presentations in April. The Consumer Council is a bimonthly focus group with ASOC consumers, discussing how the system can be improved. Client shared wanting to be challenged and to be a part of the system and its transformation.

Adjournment

- The meeting was adjourned at 8:15 p.m.
- Monday, April 10, 2017, at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, April 24, 2017, at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care, Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board